

Light Up Purple for CES – Every Hour Matters

Template email to send to venues

Subject: Light Up Purple for Cauda Equina Syndrome Awareness Day – 1 October 2026

Dear [Name/Team],

I am contacting you to ask whether you would consider lighting your building/landmark purple on 1 October 2026 in support of Cauda Equina Syndrome Awareness Day.

Cauda Equina Syndrome (CES) is a serious neurological condition caused by compression of the nerves at the bottom of the spinal canal. Recognising the warning signs and seeking urgent medical assessment can be crucial.

Cauda Equina Champions Charity founded Cauda Equina Syndrome Awareness Day on 1 October 2020 to improve public awareness and understanding of CES.

For 2026, the charity is asking buildings and landmarks across the UK to:
Light Up Purple for CES – Every Hour Matters

By illuminating your building purple on 1 October, you would be helping to put this often poorly understood condition in the spotlight and encourage more people to recognise that symptoms associated with CES require urgent attention.

If you are able to support the campaign, please let me know and I will notify Cauda Equina Champions Charity so that your location can be included in their list of participating venues. Thank you for considering supporting Cauda Equina Syndrome Awareness Day.

Kind regards,
[Your name]



Champions Charity
Empowering people with Cauda Equina Syndrome

championscharity.org.uk